

# ROTARY CLUB OF DELHI WEST

Rotary  
District 3011



# Kalindi



Newsletter

November 2024

[www.rcdelhiwest.rotaryindia.org](http://www.rcdelhiwest.rotaryindia.org)

Charter Date: February 27, 1971

Rtn. Stephanie A. Urchick  
R.I. President

Rtn. Dr. Mahesh P. Trikha  
Distt. Governor

Rtn. Rohit Seth  
Club President

## PRESIDENT RTN. ROHIT SETH'S MESSAGE



Dear Fellow Rotarians, November marks a significant milestone in our Rotary journey – Rotary Foundation Month. This month, we honor the tireless efforts of our Foundation, which has been transforming lives and communities for over 100 years. The Rotary Foundation is the heart of Rotary International, driving positive change through:

Education: Providing scholarships, literacy programs, and vocational training.

Disease Prevention: Eradicating polio, combating Cervical Cancer and promoting global health.

Peace and Conflict Resolution: Building peace fellowships and promoting conflict resolution.

Economic Development: Supporting entrepreneurship, microfinance, and community development.

Water and Sanitation: Ensuring access to clean water and sanitation facilities. Rotary Club of Delhi West has been a steadfast supporter of The Rotary Foundation. This year, we are implementing projects focusing on education, healthcare, and community development. During Rotary Foundation Month, I urge you to: Learn about The Rotary Foundation's impact and initiatives. Donate to the Annual Fund and PolioPlus. Participate in Foundation-related projects and events. Share your Rotary story and inspire others. Together, with the MAGICAL POWER OF ROTARY, we can make a difference, as we celebrate Rotary Foundation Month. Happy Rotary Foundation Month!

## SPEAKER MEETING 1 - KNEE FACTS

The Rotary Club of Delhi West organized an informative speaker meeting at the Ashoka Hotel, featuring Dr. Vivek Mahajan, Chief of Replacement and Head of Orthopaedics, at Indian Spinal Injuries Centre, New Delhi.

Dr Vivek Mahajan gave an insightful presentation on knee replacement myths and facts. He advised us how to avoid and postpone knee surgery by taking precautions like doing regular knee exercises, to keep weight under check, to wear sports shoe, say no to heels., to avoid stairs and not to squat. Dr Mahajan who himself is a member of our club offered free consultation to club members. The club had a visiting Rotarian Elana-Levens-Craig, member of Santee Lakeside Rotary Club California, USA. She exchanged Rotary flag with President Rohit Seth, and talked about the projects her club has under taken. It was indeed an informative meeting !!



## SPEAKER MEETING 2 - CANCER AWARENESS

Rotary Club of Delhi West held a Speaker Meeting on 23rd November, Saturday at India Habitat Centre. Guest Speaker was Dr. Piyush Ranjan, Additional Professor Department of Surgical Disciplines AIIMS, New Delhi. Dr. Piyush Ranjan emphasized the importance of awareness, early detection and prevention in the fight against cancer. Dr. Piyush Ranjan Q & A session was very interactive with the members. He encouraged healthy lifestyle habits to reduce cancer risks.



CLUB IN ACTION



Rotary Club of Delhi West in association with Shroff Charitable Eye Hospital organised a Mega Eye Camp with free Cataract Surgeries at Gurudwara, GK 2 for the benefit of a large number of Residents. Delhi Minister Sh Saurabh Bhardwaj graced the occasion. More than 200 Residents are expected to benefit from the facilities.



Rotary Club of Delhi West organised the 2nd dose of Cervical Cancer Vaccination for 170 girls at RCDW Interact Club, Shaheed Bishen Singh Memorial School, Mansarovar Garden, Medical Support was facilitated by Apollo Hospitals.



Rotary Club of Delhi West and Rotary Club of Delhi Inspire organised a Cancer Awareness and Detection Camp with Mammography at IIT, Delhi. There was an Awareness Talk by a Senior Oncologist, attended by a large number of audience.



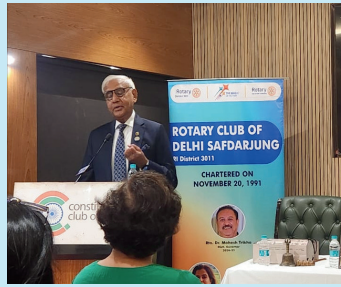
A Health Camp was organised at Slums, Tagore Garden with support from Rotary Club of Delhi West



Rotary Club of Delhi West organised a Mega Eye Camp with free Cataract Surgeries in association with Kotak Mahindra Bank, managed by Shroff Charitable Eye Hospital at Tilak Nagar

Rotary Club of Delhi West distributed free Pollution Masks AT Keshav Puram fruits Mandi ,given by Karam Industries as a CSR activity.

CLUB IN ACTION



Rotary Club of Delhi West and Rotary Club of Delhi Safdarjung came together to organise a Joint Meeting on Rotary Orientation with focus on Rotary Focus Areas and Membership... PDG Ramesh Chander and Rtn Dr Anjana Mitra from RID 3261 were the eminent Speakers.

SPECIAL ANNOUNCEMENTS

Cervical Vaccination

Our club is organizing a free vaccination drive for 1,000 underprivileged children to protect against cervical cancer, scheduled for December and January. A sum of Rs 1 lakh has already been contributed by our club through the Sarvarth Foundation to cover the cost of these 1,000 vaccinations.

Skin Donation Awareness Seminar

Our club is proud to announce the Skin Donation Seminar – Educating Crusaders to promote awareness about the importance of skin donation and the concept of Skin Banks. The program is scheduled on 21st December at Department of Plastic, Reconstructive & Burns Surgery, AIIMS Delhi.

Eminent AIIMS doctors will share valuable insights during this session. This is a unique opportunity to deepen your knowledge and contribute to this noble cause.

PARTICIPATION IN DISTRICT INTERACT LEADERSHIP ASSEMBLY (DILA)



A vibrant DILA was held on World Interact Day at Maitreyi College Campus. DILA Chair, Rtn Richa Sabharwal welcomed all present. Interactors presented an amazing Dance Performance. Rotary Club of Delhi West Interactors participated in large numbers at DILA.



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*Congratulations!*

### BIRTHDAYS

7th Nov- Rtn. Arunrekha Gogia  
9th Nov- Rtn. Sangeet Rai  
23rd Nov- R'Anne Savitri Gupta



### ANNIVERSARIES

11th Nov- Rtn. Sarvadeep & Mala  
17th Nov- Rtn. BB Sawhney & Neelam  
25th Nov- Rtn. Chirag Dayal & Ritika  
29th Nov- Rtn. Sangeet Rai & Rachitta

### UPCOMING MAJOR EVENTS

Dec 1 Sunday :  
Unity Cricket Cup at Rotary Public School , Gurgaon

Dec 14 Saturday:  
Club Meeting at IHC. Speaker Dr Aditya Singh Bhati  
on Stroke Awareness. Followed by lunch.

Dec 8 Sunday:  
Installation Ceremony of Rotaract Club of Lakshmi Bai  
College at Main Conference Hall of University of Delhi

Dec 21 Saturday :  
Skin Donation Awareness Seminar at AIIMS

### THE BOARD

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PDG Rtn.  
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2024-25



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